MENTAL HEALTH, SUBSTANCE ABUSE COUNSELING, LEVEL 2 CERTIFICATE

Substance Abuse Counseling

Are you a compassionate, willing listener who is ready with support or a kind word during a difficult time? If so, San Jacinto College can give you the training you need to provide counseling and other specialized services to individuals and families suffering the devastating effects of substance abuse.

The San Jacinto College substance abuse counseling training program:

• Prepares students to enter the field of human services and provide specialized services to individuals and their families experiencing the effects of substance abuse.
• Teaches graduates to identify and administer appropriate assessments, diagnosis and treatment of individuals who are, or have been, engaged in substance abuse.
• Requires an internship class where students are placed into a substance abuse facility to apply knowledge learned in the program.
• Provides students with the necessary educational and employment requirements to become eligible for testing as a Licensed Chemical Dependency Counselor (LCDC).

Chemical dependency is a problem that takes an enormous emotional and financial toll on society. This is an unfortunate issue, but the silver lining is that there are exceptional individuals, like you, who are determined to reverse it. San Jacinto College can give you the training you need to become a vital part of the solution. We will prepare you to provide counseling and other specialized services to individuals and families suffering from the devastating effects of substance abuse.

Potential work opportunities include:

• Hospitals
• Rehabilitation centers
• Outpatient clinics
• Veteran’s affairs clinics
• Alternative schools
• Research facilities
• Pain management clinics and counseling centers.

You can make a difference in your life by making a difference in the lives of others!

Earning Potential

Substance abuse, behavioral disorder, and mental health counselor’s salary: $48,623

Source: texaswages.com (http://texaswages.com), Gulf Coast region, 2017

For more information contact 281-998-6150, x7146 or mentalhealthservices@sjcd.edu

Information

The Mental Health Services program is designed to train mental health technicians, and prevention specialists in preparation to meet the requirements for testing as a Licensed Chemical Dependency Counselor (LCDC). Each program offers a practicum class that allows students to apply classroom skills in a treatment setting.

Prevention Specialist

We are now offering a Substance Abuse Prevention Specialist Occupational Certificate. This 20-hour certificate prepares students to apply to be a Texas Certified Prevention Specialist (CPS). The curriculum is approved by the Texas Department of Health Services.

The coursework, combined with the capstone experience at a prevention approved training center enables students to work in the area of drug prevention in a variety of settings that include:

• K-12 schools,
• Juvenile justice settings (alternative schools or youth offender programs),
• Local community coalitions, and
• At-risk programs.

Once coursework is completed, students will need 2,000 hours (1 year) of prevention work experience and pass a state exam to obtain their license as a Certified Prevention Specialist (CPS).

Mental Health Technician

The Mental Health Technician (Psychiatric Aide/Technician) Occupational Certificate prepares students to work with individuals with psychiatric or substance use disorders following physician instructions and hospital procedures. Psychiatric aides and technicians observe and record patient behavior and present findings to counselors, nurses, and other professional staff. They intervene in crisis situations, actively moderate client behavior, and assist with feeding, moving, dressing patients, personal hygiene, and activities of daily living.

Potential work opportunities include:

• Aides within inpatient/outpatient psychiatric facilities,
• Day treatment centers,
• Counseling centers, and
• Rehabilitation facilities.

Substance Abuse Counseling

The Substance Abuse Counseling Occupational Certificate and Certificate of Technology prepare individuals to enter the field of human services and provide specialized services to individuals and their families experiencing the effects of substance abuse. Graduates will be able to identify appropriate assessments, diagnosis, and treatment of individuals
who are, or have been, engaged in substance abuse. The program, plus 4,000 hours of paid work experience, provides individuals with the necessary educational and employment requirements to become eligible for testing as a Licensed Chemical Dependency Counselor (LCDC).

Potential Work opportunities include:

- Hospitals,
- Rehabilitation centers,
- Outpatient clinics,
- Veteran’s affairs clinics,
- Alternative schools,
- Research facilities, and
- Pain management clinics and counseling centers.

**Associate of Applied Science (AAS)**

The combination of the certificates and general education leads to an Associate of Applied Science (AAS) in Mental Health Clinical and Counseling psychology. Students who do not have an associate degree (or higher) in a behaviorally related field will not be eligible for full licensure in the state of Texas. A student can complete the certificate of technology course work, enter the workforce as a counseling intern, and continue course work towards an associate degree before receiving his or her LCDC.

View application and information packet here: https://www.sanjac.edu/career/mental-health-services

**Plan of Study**

**North Campus**

5MH-SAC

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Term</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SCWK 1313</td>
<td>Introduction to Social Work</td>
<td>3</td>
</tr>
<tr>
<td>DAAC 1311</td>
<td>Counseling Theories</td>
<td>3</td>
</tr>
<tr>
<td>DAAC 1304</td>
<td>Pharmacology of Addiction</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 2301</td>
<td>General Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYT 1371</td>
<td>Mental Health Legal and Ethical Issues</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Credits</strong></td>
<td><strong>15</strong></td>
</tr>
<tr>
<td><strong>Second Term</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYT 2331</td>
<td>Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td>DAAC 2307</td>
<td>Addicted Family Intervention</td>
<td>3</td>
</tr>
<tr>
<td>CMSW 1341</td>
<td>Behavior Modification with Cognitive Disorder</td>
<td>3</td>
</tr>
<tr>
<td>SCWK 2301</td>
<td>Assessment and Case Management</td>
<td>3</td>
</tr>
<tr>
<td>DAAC 2341</td>
<td>Counseling Alcohol and Other Drug Addictions</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Credits</strong></td>
<td><strong>15</strong></td>
</tr>
<tr>
<td><strong>Third Term</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DAAC 2366</td>
<td>Practicum - Substance Abuse/Addiction Counseling</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Credits</strong></td>
<td><strong>3</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Total Credits</strong></td>
<td><strong>33</strong></td>
</tr>
</tbody>
</table>

**Capstone Experience:** DAAC 2366 Practicum - Substance Abuse/Addiction Counseling

*Note: Students must pass each course listed in the degree or certificate for Mental Health Services with a grade of C or higher to be eligible to receive a degree or certificate.*