

PERSONAL TRAINER, CERTIFICATE OF TECHNOLOGY



Information

The purpose of the Personal Trainer program is to prepare graduates to work in the field of personal training. Individuals with these credentials are a vital component in the fitness industry. Graduates of the Personal Trainer program will have a strong background in the appropriate personal training anatomy and physiology, kinesiology, biomechanics, health and safety, and wellness/lifestyle changes areas. They will have industry knowledge in business practices, professional ethics, marketing, and proper record keeping.

Students enrolling into San Jacinto College programs with external learning experiences (i.e., clinical, practicum, externship, cooperative, etc.) will be required to comply with the immunization requirements and policies of the clinical/external learning sites to engage in all clinical/external learning experiences. Vaccination requirements at clinical/external learning sites are implemented pursuant to the independent authority of such facilities and are not mandated by San Jacinto College. Failure to meet the immunization requirements mandated by clinical/external learning sites may limit a student's ability to complete the program and/or may delay the student's graduation date. San Jacinto College does not process exemptions, and students should address potential vaccination exemptions directly with the clinical/external learning site.