Program Information

Looking for a profession that's literally hands-on? Are you passionate about helping people overcome injury, relieve stress, and generally live healthier lives? If so, San Jacinto College can prepare you for a career as a massage therapist in as few as two semesters. You will be introduced to a variety of massage modalities and discover what type of professional practice is right for you!

The San Jacinto College massage therapy program:

- Is a state approved program that provides foundational training in the art and science of therapeutic massage. Our 23-credit (592 contact-hour) program meets and exceeds the minimum educational requirements necessary for licensure in the state of Texas.
- Offers full-time students the possibility of completing the program in two semesters, so graduates can be licensed and working in less than one year.
- Places emphasis on a variety of massage therapy techniques, anatomy and physiology, kinesiology, pathology, healthy lifestyles, hygiene and sanitation, successful business practices, professional ethics, hydrotherapy, and spa modalities. Students also complete a hands-on clinical internship prior to graduating as required by the state of Texas.

Career Opportunities

Licensed massage therapists seek employment in:

- Massage therapy establishments
- Wellness centers
- Spas
- Cruise lines
- Medical settings
- Private practices

A large majority of licensed massage therapists are self-employed.

For more information contact one of the following and ask for the Program Handbook:

Shelley McCaul, Program Director at 281-998-6150, x1479 or email Shelley.McCaul@sjcd.edu

Mary Lindsay, Department Chair at 281-991-6150, x3587 or email Mary.Lindsay@sjcd.edu (mary.lindsay@sjcd.edu)
### Massage Therapy, Occupational Certificate

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<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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San Jacinto College 2019-2020