

COLLEGE PREPARATORY (GUST)

GUST 0105 College Student Success (NCBO) 1 Credit (1 Lec, 0 Lab)

This course covers psychology of learning and success, and examines factors that underlie learning, success, and personal development in higher education. This course also emphasizes student responsibility and techniques in behavior modification. Topics covered include information processing, memory, strategic learning, self-assessment and regulation, self-management, goal setting and commitment, motivation, educational and career planning, decision making, networking, emotional intelligence, and learning styles. Techniques of study such as time management, listening and note taking, text marking, library and research skills, preparing for examinations, and utilizing learning resources are covered. It includes courses in college orientation and developments of students' academic skills that apply to all disciplines.

Prerequisite(s): Reading level 2, Writing level 4, and Math level 4

Course Type: College Prep

GUST 0305 College Student Success 3 Credits (3 Lec, 0 Lab)

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