

MASSAGE THERAPY (MSSG)

MSSG 1105 Hydrotherapy 1 Credit (0 Lec, 2 Lab)

This course is a study of the use of accepted hydrotherapy and holistic healthcare modalities of external application of temperature for its reflexive effect.

Prerequisite with concurrency: MSSG 1109, MSSG 1207, MSSG 1411, MSSG 1413

Course Type: Technical

MSSG 1109 Health and Hygiene 1 Credit (1 Lec, 1 Lab)

The study of safety and sanitation practices including universal precautions. The importance of proper body mechanics, maintaining a healthy lifestyle, maintaining the massage environment, and the advantage of therapeutic relationships is also included.

Prerequisite with concurrency: MSSG 1105, MSSG 1207, MSSG 1411, MSSG 1413

Course Type: Technical

MSSG 1207 Business Practices and Professional Ethics 2 Credits (2 Lec, 1 Lab)

This course is a study of physical and financial office practices and marketing. It includes ethical practices for massage therapists as established by law or regulatory agency. It meets the minimum 45 contact hours requirement of licensure.

Prerequisite with concurrency: MSSG 1105, MSSG 1109, MSSG 1411, MSSG 1413

Course Type: Technical

MSSG 1411 Massage Therapy Fundamentals I 4 Credits (2 Lec, 6 Lab)

This course is an introduction to the theory and the application of skills necessary to perform basic massage skills.

Prerequisite with concurrency: MSSG 1105, MSSG 1109, MSSG 1207, MSSG 1413

Course Type: Technical

MSSG 1413 Anatomy and Physiology for Massage 4 Credits (3 Lec, 2 Lab)

This course offers an in-depth coverage of the structure and function of the human body. It includes cell structure and function, tissues, body organization, and the integumentary, skeletal, muscular, and nervous, and endocrine systems, and emphasizes homeostasis/wellness care. Meets the minimum 75-contact-hour requirement for Anatomy and Physiology for licensure.

Prerequisite with concurrency: MSSG 1105, MSSG 1109, MSSG 1207, MSSG 1411

Course Type: Technical

MSSG 2186 Internship-Massage Therapy/Therapeutic Massage 1 Credit (0 Lec, 5 Lab)

This is a work-based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. A learning plan is developed by the College and the employer.

Course Type: Technical

MSSG 2286 Internship-Massage Therapy/Therapeutic Massage 2 Credits (0 Lec, 6 Lab)

This is a work-based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. A learning plan is developed by the College and the employer.

Prerequisite(s): MSSG 1411, MSSG 1413 or Department Chair approval,

Prerequisite with concurrency: MSSG 2311, MSSG 2314, MSSG 2413

Course Type: Technical

MSSG 2311 Massage Therapy Fundamentals II 3 Credits (1 Lec, 5 Lab)

This course is a continuation of Massage Therapy Fundamentals I, emphasizing specialized techniques and assessment of client needs to identify a specific plan of care. It completes the requirements for Massage Techniques for Licensure.

Prerequisite(s): MSSG 1411, MSSG 1413,

Prerequisite with concurrency: MSSG 2286, MSSG 2314, MSSG 2413

Course Type: Technical

MSSG 2313 Kinesiology for Massage 3 Credits (2 Lec, 2 Lab)

This course focuses on applied study of human kinesiology. Muscle movements and dysfunctions will be discussed and palpated. It includes theory and practice of functional muscle testing.

Course Type: Technical

MSSG 2314 Pathology for Massage 3 Credits (3 Lec, 0 Lab)

This course covers general discussion of pathologies as they relate to massage therapy. Includes universal precautions and their management in professional practice. It also covers etiology, signs, symptoms, and the physiological and psychological reactions to disease and injury.

Prerequisite(s): MSSG 1411, MSSG 1413,

Prerequisite with concurrency: MSSG 2286, MSSG 2311, MSSG 2413

Course Type: Technical

MSSG 2413 Kinesiology for Massage 4 Credits (3 Lec, 2 Lab)

This course focuses on applied study of human kinesiology. Muscle movements and dysfunctions will be discussed and palpated. It includes theory and practice of functional muscle testing.

Prerequisite(s): MSSG 1411, MSSG 1413,

Prerequisite with concurrency: MSSG 2286, MSSG 2311, MSSG 2314

Course Type: Technical